



FY 2020

ANNUAL REPORT

Meals on Wheels
Collin County

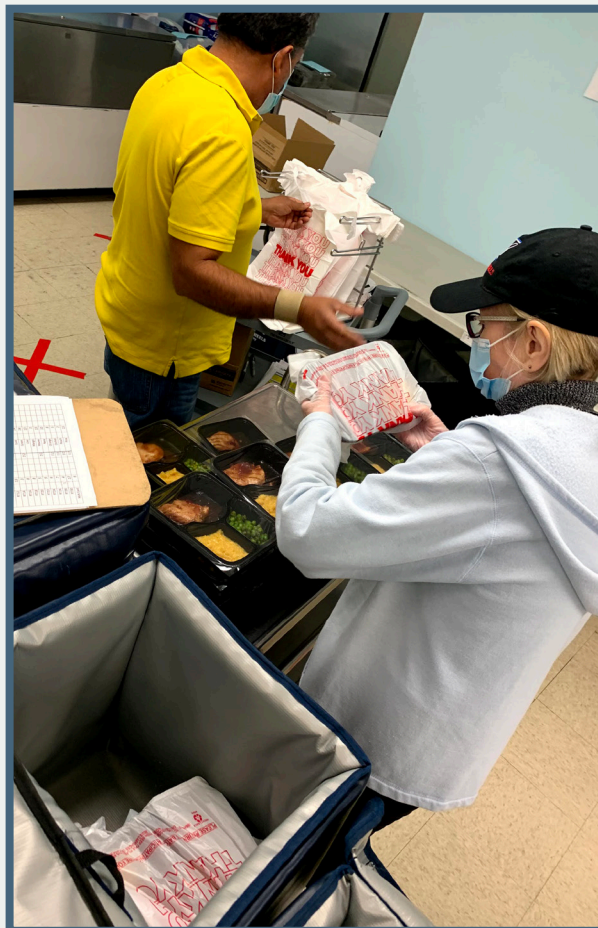


COVID-19 Updates

We are incredibly grateful for the community's support during these challenging times.

To help prevent the spread of COVID-19, the agency has taken the following measures:

- 🍴 **Meals** currently served using no-contact delivery methods. Volunteers and staff drivers must wear gloves and masks at all times.
- 🍴 **Clients** have received two weeks' worth of shelf-stable and frozen meals in preparation for any emergency quarantines.
- 🍴 **Implementation** of "virtual well-checks" in which trained volunteers call clients 1-3 times per week to check-in, see how they are doing, and provide further opportunities for social interaction.
- 🍴 **Distribution** of emergency supplies to clients, such as masks, gloves, hand sanitizer, Lysol wipes, activity books, pedal exercisers to help maintain mobility, and so many more.
- 🍴 **Daily** temperature and symptom screening of all staff and volunteers.
- 🍴 **Staggered** work schedules to limit the total number of individuals and volunteers on-site at any one time (to promote physical distancing). Administrative staff who are able to work remotely have done so.
- 🍴 **The entire** building is cleaned multiple times per day. The kitchen facility and bagging areas undergo professional sanitation by a third party at least once per week.



We are happy to share that on our most recent client survey, **100%** of our clients reported that they feel safe with the procedures the agency is taking.





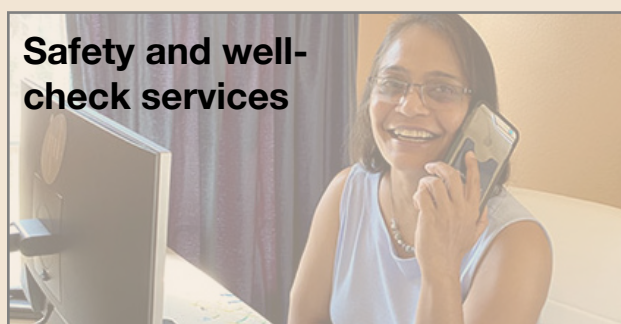
STRATEGY



The Meals on Wheels Mission:

To combat hunger and isolation among disabled and older adults by providing nutritious meals, enabling them to remain healthy and independent within their families, homes, and communities.

More Than A Meal



PROGRAMS



Home Delivered Meals

Hot, nutritious meals delivered directly to the client's door.

Promotes health and decreases isolation.

Volunteers provide daily wellness checks to ensure client is safe. When volunteer notices health or safety concerns, they notify Meals on Wheels staff for follow-up, to ideally prevent any crises.



Congregate Meals

Hot, nutritious meals enjoyed in a community environment, at local senior centers.

Promotes health and social interaction.

TEMPORARILY SUSPENDED SINCE MARCH 2020 DUE TO COVID-19



Senior Safety Net

COVID-19 emergency supplies (i.e. masks, hand sanitizer, paper goods)

Nutritional supplements (i.e. Boost)

Durable medical equipment (canes, walkers, wheelchairs)

Diabetic and incontinence supplies



Holiday Program

Nonperishable goods provided for when office is closed.

Secret Santa gifts, as well as Harvest and Spring boxes filled with additional nonperishables and supplies.



PAWS Pet Food Program

Pet food, cat litter, and other pet supplies to keep seniors and their pets together.

Pet ownership promotes health, social connection, and sense of purpose.

Money Well Spent

MOWCC can serve a senior for an entire year for about the same cost as just one day in a hospital or 10 days in a nursing home



1 YEAR



1 DAY



10 DAYS

Who WE Serve



HOME DELIVERED MEALS ELIGIBILITY

Home-bound individuals aged 60+.

Adults under age 60 who are disabled and home-bound.

Individuals cannot have access to alternative meal services (i.e. in-home chef, nursing home meals, etc.)



97% LIVE AT OR BELOW THE
FEDERAL **POVERTY LINE**

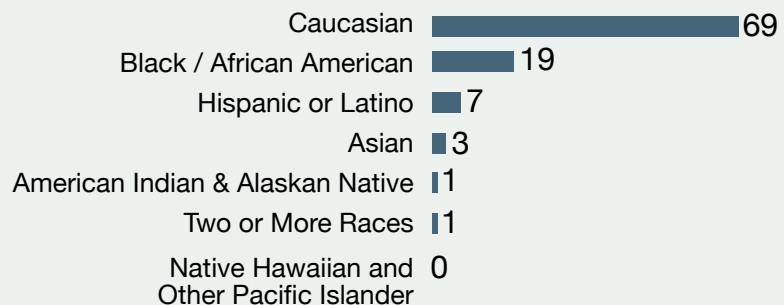
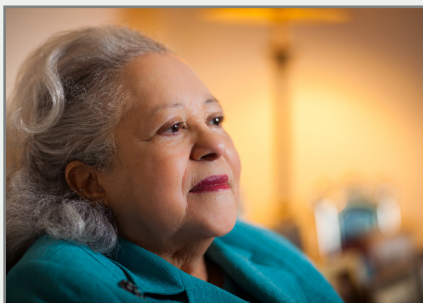
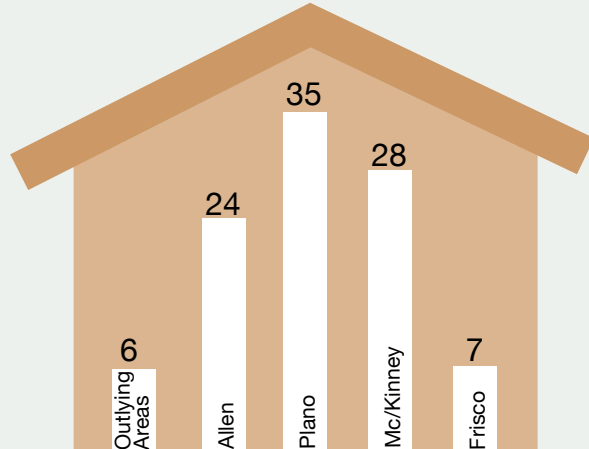
51%
LIVE ALONE



70%
ARE **WOMEN**

67% % OF CLIENTS ARE
AGE **70 AND OLDER**

BREAKDOWN OF MEAL % BY CITY



“

The people who deliver my meal are so wonderful. They make me feel like I'm a part of their family. There are no words to tell you how wonderful each and every one of them is. They are such a joy to me.

Current MOWCC client

”



2020 OUTCOMES

292,289
meals delivered to seniors
living in Collin County.

257,996
pounds of food
distributed.

1,846
clients served with nutritious
meals and emergency supplies.

As a result of Meals on Wheels services...



94%

of clients live better/more
independently at home.



95%

of clients feel healthier.



91%

of clients feel less isolated.



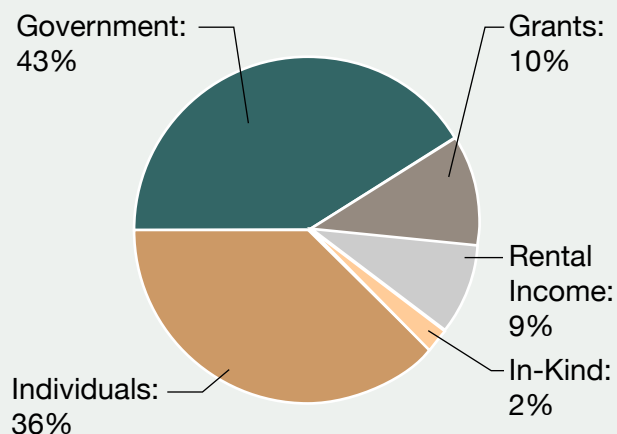
66%

of clients saw a decrease
in hospital visits.

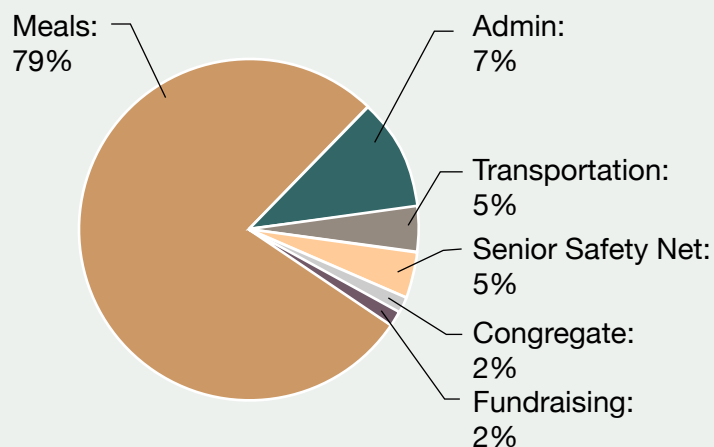
FINANCE

2020

Sources of Funding



Annual Expenses



ADDITIONAL REMARKS:

Special Events

- » Open House
- » North Texas Giving Day
- » Giving Tuesday

Functional Expense Summary:

- » 80% Direct Expenses
- » 20% Indirect Expenses

WAYS TO SUPPORT

VOLUNTEER

Shifts available on a weekly, bi-weekly, monthly, or as-needed basis.



ANNUAL GIVING

Individual & corporate contributions that directly support the MOW mission are our greatest need.



SPONSORSHIP

Sponsor our annual events; adopt a route or senior for a year.





Thank you

TOP SPONSORS AND PARTNERS

Abernathy, Roeder, Boyd, & Joplin, P.C.
Area Agency on Aging
Bank of America Charitable Foundation
Baylor Scott and White Health
Bill Joplin's Air Conditioning & Heating
Blount Fine Foods
Bob Tomes Ford
Celebration Magazine
Charles Schwab
Christ United Methodist Church
City of Allen
City of Frisco
City of McKinney
City of Plano
Collin County Commissioners
Communities Foundation of Texas
CoServ Charitable Foundation
Custer UMC
Emerson Charitable Trust
Enright Motors
Globe Life
Grace Avenue United Methodist Church
Heritage Ranch Golf & Country Club
Hilti North America
Independent Bank Group
Lancer Resources LP
Luse Foundation
Mason Brown Family Foundation

MacFarlane Foundation
McKinney Rotary Foundation
Meals on Wheels America
Meals on Wheels Texas
MGN Family Foundation
National Christian Foundation of North Texas
Nature Nate's Honey
North Texas Food Bank
Oncor Electric Delivery Company
One Heart McKinney
Plain-O Helpers
Plains Properties LLC
Premier Foundation
Prosperity Bank
Roy & Judy Gurley Charitable Foundation
St. Gabriel the Archangel Catholic Community
Tartaglino Richards Family Foundation
Texas Department of Aging and Disability Services
Texas Department of Agriculture
Texas Instruments Foundation
The Albertsons Companies Foundation
The Benevity Community Impact Fund
The John & Bonnie Strauss Foundation
Toyota Motor Corporation
Traxxas
United Way of Metropolitan Dallas
United Way Worldwide
Wells Fargo Foundation

*Thank you for helping
us ensure no senior
gets left behind!*



Zella Tyson, MPH
CEO / Executive Director

